

# BREAKFAST

TUE - SUN 8AM UNTIL 11:30AM

## KICKSTARTERS

- FRUIT SALAD with seasonal fruits **55**
- HOMEMADE GRANOLA with greek yoghurt, fresh fruit & honey **65**
- CREAMY SCRAMBLED EGGS on toast **49**
- SPINACH SCRAMBLED EGGS on toast **56**

## SWEET BREAKFASTS

- AMERICAN PANCAKES with cinnamon sugar & fresh lemon **62**
- AMERICAN PANCAKES with berry coulis, fruit & yoghurt **72**
- SWEET FRENCH TOAST with berry coulis, fruit & whipped cream **75**  
- add bacon **23**

## SAVOURY BREAKFASTS

- SAVOURY FRENCH TOAST with haloumi, roasted cherry tomato & pesto **75**
- SALVATION BREAKFAST two eggs, grilled tomato, creamy mushrooms & toast **80**  
- choice of bacon or beef sausages
- CREAMY BASIL MUSHROOMS on toast **70**  
- nice with a poached egg **8**

## BENEDICTS

served on a toasted english muffin with our homemade hollandaise sauce

- EGGS BENEDICT with bacon **78**
- EGGS FLORENTINE with spinach **78**
- SALVATION BENEDICT with spinach & bacon **82**
- ROYAL BENEDICT with salmon trout & avo **98**

## OMELETTES

- 69** OPEN OMELETTE with cherry tomato, basil & parmesan cheese
- 74** BRIE OMELETTE with brie, spring onion & homemade sweet chilli sauce
- 79** MUSHROOM OMELETTE with bacon & caramelized onion

## BREAKFAST BURRITOS

a flour wrap filled with scrambled eggs, spring onion, jalapeno, sour cream, cheese, tomato salsa, guacamole & fresh coriander

- 85** SAUSAGE BURRITO with grass-fed beef sausages
- 85** HALOUMI BURRITO with grilled haloumi

## BREAKFAST DUO'S

- 85** SWEET DUO  
a combo of sweet french toast & a single benedict or florentine
- 85** SAVOURY DUO  
a combo of savoury french toast & a single benedict or florentine
- 98** ROYAL DUO  
a combo of sweet french toast & a single royal benedict

## BREADS & EXTRAS

homemade ciabatta | rye bread | low-gi seed bread **15**  
beef sausages **24** | bacon **23** | haloumi **20**



*we use free-range eggs & grass-fed beef  
we recommend the brunch mimosa with breakfast  
please tell us about your allergies before ordering  
no half portions and no menu changes please*



# LUNCH

TUES - SUN 12PM UNTIL 3PM

## SALADS

- CLASSIC CAESAR SALAD **77**  
with bacon, cos lettuce, parmesan, boiled egg, anchovy & our caesar dressing
- CHICKEN CAESAR SALAD **92**  
with bacon, cos lettuce, parmesan, boiled egg & our caesar dressing
- CITRUS & ALMOND SALAD **77**  
with peppers, cherry tomato, cucumber, fresh beans, spring onion & avo  
- with grilled chicken **95**
- TWELVE GRAPE SALAD **80**  
with goat cheese, zucchini, beans, pecans & honey poppy seed dressing  
- add bacon **12**
- TUNA & CHICKPEA SALAD **80**  
with fresh beans, cherry tomato, cucumber, red onion & a boiled egg

## SANDWICHES & WRAPS

- CAPRESE SANDWICH single or double **49|65**  
on toasted seed bread with mozzarella, basil & marinated tomato
- CHICKEN CAESAR WRAP **75**  
with grilled free-range chicken, cos lettuce & our caesar dressing
- GARDEN WRAP **75**  
with carrot, beans, cucumber, haloumi, sundried tomato pesto, olives & avo

*our salads and favourites also make a nice starter to share  
we use free-range chicken*

## BURGERS

handmade grass-fed beef burgers served on a homemade roll with hand-cut potato wedges or a side salad

- 105** SALVATION GOURMET BURGER with bacon, caramelized onion, guacamole & award-winning sweetmilk cheese
- 98** CHEESE BURGER with bacon & red onion
- 97** MEXICAN BURGER with guacamole, sour cream & salsa
- 89** BRUNCH BURGER with bacon, tomato & a fried egg

## SALVATION FAVOURITES

- 99** 5 SPICE CALAMARI tempura style deep fried calamari with an asian green salad & our secret 5 spice dipping sauce
- 90** THAI STYLE FISH CAKES with asian greens & our homemade sweet chilli dipping sauce
- 95** MIDDLE EASTERN MEZZE PLATTER with carrot cashew falafel, hummus, haloumi, turkish salad & pita bread

 *please ask about our daily specials menu* 

## SIDES

- 15** homemade ciabatta, rye, seeded low-gi
- 29** handcut potato wedges
- 38** mixed green salad