

BREAKFAST

SERVED FROM
8:00 - 11:45AM

KICKSTARTERS

HOMEMADE GRANOLA NUTTY / GLUTEN FREE fresh fruit, greek yoghurt, honey	80/88
CREAMY SCRAMBLED EGGS ON TOAST free-range eggs, grilled cherry tomato, ciabatta toast	68
AVO & HUMMUS TOAST with hazelnut dukka & tomato salsa	74
STOCKHOLM BAGEL smoked trout, cream cheese, pickled red onion, capers, micro herbs	125

BENEDICTS

2 POACHED FREE-RANGE EGGS SERVED ON A TOASTED ENGLISH MUFFIN WITH HOMEMADE HOLLANDAISE SAUCE

EGGS BENEDICT with back bacon	110
EGGS FLORENTINE with creamy spinach	98
SALVATION BENEDICT with back bacon, creamy spinach	118
ROYAL BENEDICT with smoked trout, fresh avo	150

SWEET & SAVOURY

CINNAMON FLAPJACKS cinnamon sugar, fresh lemon, syrup	80
CARIBBEAN FLAPJACKS fresh fruit, berry coulis, yoghurt, syrup	92
SWEET FRENCH TOAST fresh fruit, berry coulis, whipped cream	89
SAVOURY FRENCH TOAST grilled haloumi, basil pesto & roasted cherry tomatoes	102
CALIFORNIAN OMELETTE cheddar, bacon, spinach, sundried tomatoes, ciabatta toast	98
OPEN CHEESE OMELETTE grana padano cheese, cherry tomato, basil, ciabatta toast	88
CREAMY BASIL MUSHROOMS on ciabatta toast add a free-range poached egg +10	92
SALVATION BREAKFAST BACON / BEEF SAUSAGES two eggs your way, grilled tomato, creamy mushrooms, ciabatta toast	105

SIGNATURES

SALVATION DUO salvation benedict with caribbean flapjacks	125
ROYAL DUO royal benedict with caribbean flapjacks	135
VEGAN SHAKSHUKA shakshuka sauce, dukka, avo, chickpeas, fresh coriander, ciabatta toast	95
EGGS SHAKSHUKA free-range eggs, shakshuka sauce, feta, dukka, fresh coriander, ciabatta toast	105
BREAKFAST BURRITO HALOUMI / BEEF SAUSAGES scrambled eggs, spring onion, jalapeno, sour cream, cheddar, tomato salsa, guacamole, fresh coriander - <i>gluten free wrap option +10</i>	125
MEXICAN BOWL HALOUMI / BEEF SAUSAGES scrambled eggs, spring onion, jalapeno, sour cream, cheddar, tomato salsa, guacamole, fresh coriander	118
BREAKFAST NACHOS <i>gluten free</i> scrambled eggs, pickled red onion, salsa, guacamole, sour cream, cheddar, red beans, black corn nachos	98

LUNCH

SERVED FROM
12:00 - 3:30AM

LOCAL'S FAVOURITES

BBQ PORK BELLY ROLL roast pork belly, bbq sauce, roast apple, asian slaw, fresh garden salad or potato crisps	130
BRANDY PEPPER STEAK 200g beef fillet, creamy brandy pepper sauce, fresh garden salad or Rootstock potato crisps	225
MEXICAN CHILLI BEANS mexican style chilli beans, fresh tomato salsa, guacomole, pickled red onion, black corn nachos (gluten free)	126
GINGER & SESAME CHICKEN NOODLES asian broth, egg noodles, free-range chicken, peanuts, ginger soy dressing	129
VIETNAMESE SESAME CHICKEN SALAD rice noodles, red cabbage, peanuts, fresh herbs, honey soy dressing	126
TERIYAKI SALMON <i>limited portions</i> fresh salmon, julienned carrot, cucumber, radish avo salad	SQ

 **LOAD SHEDDING SURVIVAL**

STAY HEALTHY

ALL THINGS DEEP FRIED GO DOWN WITH THE LIGHTS. DISHES THAT HAVE FRIES ARE REPLACED WITH A FRESH CRISP GARDEN SALAD OR PACK OF POTATO CRISPS, WHICH DOES OPEN THE DOOR FOR A SLICE OF FRESH BAKED CAKE! GO TIGER!

GOURMET BURGERS

WITH HOME-BAKED BUNS

BRUNCH BURGER beef burger, fried egg, bacon, cheddar, mayo, fresh garden salad or potato crisps	130
SALVATION GOURMET BURGER beef burger, bacon, caramelized onion, guacamole, cheddar, fresh garden salad or potato crisps	140
AMERICAN CHEESE BURGER beef burger, cheddar cheese, homemade pickles, fresh garden salad or potato crisps	128
EGYPTIAN VEGGIE BURGER bunless spiced butternut & chickpea burger, grilled haloumi, avo, tzatziki & a fresh garden salad add a pack of potato crisps +18	118

SALADS & WRAPS

CAESAR SALAD CLASSIC / FREE-RANGE CHICKEN cos lettuce, bacon, grana padano, boiled egg, home baked bread sticks, anchovy dressing	89/128
CITRUS CHICKEN & ALMOND SALAD free-range chicken, orange, almonds, fresh beans, cherry tomato, cucumber, avo, red pepper, spring onion, herbs, moroccan dressing	130
GARDEN WRAP <i>gluten free wrap option +10</i> grilled haloumi, sundried tomato pesto, carrot, cucumber, beans, olives, avo	112
CHICKEN CAESAR WRAP <i>gluten free wrap option +10</i> grilled free-range chicken, cos lettuce, cucumber, tomato salsa, parmesan	105

WE ONLY USE FARM TO TABLE FREE-RANGE CHICKEN & EGGS

LIGHTER FAIR

SOUPS & SANDWICHES

VEGAN SOUP BOWL roasted cherry tomato & red pepper soup, hazelnut dukka, ciabatta toast add grilled haloumi +18	80
SOUP & SANDWICH DUO duo of roasted cherry tomato & red pepper soup & a toasted caprese sandwich	115
CAPRESE TOASTIE on ciabatta with cheddar, garlic marinated tomato, basil & sweet chilli sauce	84
CONTINENTAL TOASTIE on ciabatta gypsey ham, cheddar, mayo, mustard, homemade pickles add fried egg +10	85
AVO & HUMMUS TOAST with hazelnut dukka & tomato salsa	74
STOCKHOLM BAGEL smoked trout, cream cheese, pickled red onion, capers, micro herbs	125

SOMETHING SWEET

NEW YORK CHEESECAKE with a berry coulis	84
CARROT CAKE with cream cheese frosting	60
BELGIAN HAZELNUT BROWNIE add (ice) cream +12	58
GLUTEN FREE CHOCOLATE CAKE add a scoop of coffee gelato +25	72
STRAWBERRY SORBET	59
GELATO DELICIOSO VANILLA / CHOCOLATE / COFFEE	60
SALVATION BAR mini caramel bar with choc, nuts & seeds	32
PECAN TARTLET grandma's recipe add a scoop of vanilla ice cream +25	60
ALL DAY FLAPJACKS CINNAMON / CARRIBBEAN These are popular and may sell out before the day's end	80/92

 **LOAD SHEDDING SURVIVAL**

EAT CAKE

NOTHING EASES THE FRUSTRATION MORE THAN A NICE SLICE OF FRESHLY BAKED CAKE. THE TREADMILL IS ALSO OFFLINE SO WHAT YOU GONNA DO. SIT, RELAX AND ENJOY!

FROM THE BAKERY

All our cakes are baked in house.
Whole cakes can be ordered 2 days in advance:

NY CHEESECAKE 28cm with berry coulis	660
NY CHEESECAKE 20cm with berry coulis	380
CARROT PINEAPPLE CAKE 28cm	505

Looking for a gift or a treat? See our retail selection of coffee, cordials, cookies, fudge, granola, gift boxes and more...

BOOKINGS

MONDAY TO FRIDAY • BREAKFAST & LUNCH
WEEKENDS • LUNCH ONLY FROM 12.30PM
CALL 011 482 7795 TO RESERVE YOUR TABLE



BEVERAGES

COFFEE & TEA

AMERICANO short/tall	27/32
CAPPUCCINO short/tall	31/36
CORTADO	28
ESPRESSO single/double	23/25
MACCHIATO	26
CAFFE LATTE	37
CHAI LATTE	39
RED CAPPUCCINO	36
RED LATTE	40
LOCAL TEA Five Roses, Rooibos	27
TWININGS TEA Camomile, Earl Grey, Green	29
GINGER MINT TEA fresh <i>Almond / Oat / Soy Milk +10</i>	42

HOT CHOCOLATE

BELGIAN HOT CHOCOLATE made with the finest callebaut chocolate & topped with cream	49
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COOL DRINKS

O'HALO KOMBUCHA Sour Cherry, Lemongrass Ginger	52
APPLETISER / GRAPETISER	37
BOS ICE TEA Berry, Lemon, Peach	34
SOFT DRINKS Coke, Coke Light, Coke Zero, Creme Soda, Fanta Orange, Sprite, Sprite Zero	28
MIXERS Bitter Lemon, Ginger Ale, Soda, Lemonade, Tonic (Indian, Pink, Sugar Free)	24
TOMATO COCKTAIL	39
ROCKSHANDY lemonade, soda, bitters, maraschino cherry	50
CORDIALS Kola, Lime, Passion	13

SIGNATURES

LEMON CORDIAL homemade	39
FROZEN MINTED LEMONADE	40
SALVATION ICED TEA pineapple & ginger / rooibos & lemon	37
AMERICAN ICED COFFEE dbl espresso on ice with milk & cream	40
FREEZOCCINO frozen coffee coffee powder blended with milk & ice	58

MINERAL WATER

VALPRE MINERAL WATER 27/49 still or sparkling 350/750ml	
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JUICES

FRESHLY SQUEEZED Make your own: Apple, Carrot, Cucumber, Pear, Pineapple, Spinach, Ginger	50
IMMUNE BOOSTER Apple, Pineapple, Pear, Ginger	50
MORNING SUN Apple, Orange, Carrot, Ginger	50
GREEN JUICE Apple, Spinach, Mint	50
ZESTY PEAR JUICE Pear, Ginger, Lemon	50
SIR JUICE 350ml Orange/Mango	29/35

OJ IN A CARAFFE *

250ml Orange Juice	24
500ml Orange Juice	45
1 litre Orange Juice	86

**add some bubbly to make your own Mimosa's*

SMOO'S & SHAKES

SALVATION SMOOTHIE banana, pawpaw, berry coulis, yoghurt	50
PROTEIN SMOOTHIE vegan almond nut butter, date, banana, cacao, almond milk (dairy free)	60
MILKSHAKES Vanilla, Chocolate, Berry, Coffee	48

WINE/BEER/BUBBLES ETC.

BEERS & CIDERS

WINDHOEK DRAUGHT 440ml	47
CORONA	51
HEINEKEN	39
STELLA ARTOIS	45
CASTLE LITE	38
BLACK LABEL	38
SAVANNA DRY	40
HUNTERS DRY	40

WHITE & ROSE

VILLIERA house blend	47/184
THELEMA sauvignon blanc	63/248
DE WETSHOF u/w chardonnay	60/236
KLEINE ZALSE chenin blanc	51/199
HAUTE CABRIERE chard. pinot	65/256
MULDERBOSCH rose	58/228

REDS & BLENDS

VONDELING petit merlot	52/204
THELEMA mountain red	53/208
BABYLONSTOREN babel	360

CHAMPAGNE BAR

JOHN B sparkling wine	46/230
MISS MOLLY mcc	58/290
VILLIERA TRADITION mcc	365
VALDO PARADISE prosecco	490
VEUVE CLICQUOT champagne	1499
BILLECART-SALMON brut	1549

WE ARE FULLY LICENSED. OTHER LIQUEURS & SPIRITS AVAILABLE, PLEASE ASK!

BRUNCH COCKTAILS

MIMOSA bubbly with orange juice	45
TASHARITA our signature cocktail rum, triple sec, lemonade, fruits, mint	80
VIRGIN TASHARITA alcohol-free sweet & sour, lemonade, fruits, mint	66
BLOODY MARY single / double tomato cocktail, vodka, celery stick	60/80
VIRGIN MARY alcohol-free	44
PIMMS NO.1 dbl pimms, lemonade, fruit	75
CLASSIC MOJITO dbl rum, mint syrup, soda, mint & lime	77
VIRGIN MOJITO alcohol-free mint syrup, soda, mint & lime	57
DON PEDRO blended ice-cream with a single tot of: Amarula / Frangelico / Jameson / Kahlua	58

GIN & TONIC

STRAWBERRY + MINT G&T dbl Tanqueray with rose & berry cordial	84
PINEAPPLE + PASSION G&T dbl Tanqueray with pineapple passion cordial	84
ZESTY LEMON G&T dbl Tanqueray with our zesty lemon cordial	84

MAKE YOUR OWN G&T

TANQUERAY london dry	27
INVERROCHE amber	39
MUSGRAVE pink	39

Choose your tonic: indian, pink, sugar-free +23

WHISKEY

BELLS	27
JAMESON	38
JOHNNY WALKER black	42
GLENFIDDICH 12-year-old	48



SALVATION CAFE



SURVIVING LOAD SHEDDING

MENU

