

# BREAKFAST

SERVED FROM  
8:00 - 11:45AM

## KICKSTARTERS

FRENCH CROISSANT <i>imported and baked inhouse</i>	32
HOMEMADE GRANOLA <i>nutty / gluten free</i> fresh fruit, greek yoghurt, honey	80/88
CREAMY SCRAMBLED EGGS ON TOAST free-range eggs, grilled cherry tomato, ciabatta toast	68
EGG CROISSANT creamy scrambled egg, grilled cherry tomato	70
BACON & EGG CROISSANT <i>creamy scrambled eggs, bacon</i>	92
<b>vegan</b> AVO & HUMMUS TOAST <i>hazelnut dukka, tomato salsa</i>	74
STOCKHOLM BAGEL smoked trout, cream cheese, pickled red onion, capers, micro herbs	125
FRUIT SALAD seasonal fruits, minted lime syrup	68

## BENEDICTS 2 POACHED FREE-RANGE EGGS SERVED ON A TOASTED ENGLISH MUFFIN WITH HOMEMADE HOLLANDAISE SAUCE

EGGS BENEDICT <i>with back bacon</i>	110
EGGS FLORENTINE <i>with creamy spinach</i>	98
SALVATION BENEDICT <i>with back bacon, creamy spinach</i>	118
ROYAL BENEDICT <i>with smoked trout, fresh avo</i>	150

## SWEET & SAVOURY

CINNAMON FLAPJACKS <i>cinnamon sugar, fresh lemon, syrup</i>	80
CARIBBEAN FLAPJACKS <i>fresh fruit, berry coulis, yoghurt, syrup</i>	92
SWEET FRENCH TOAST <i>fresh fruit, berry coulis, whipped cream</i>	89
SAVOURY FRENCH TOAST grilled haloumi, basil pesto, roasted cherry tomatoes	102
CALIFORNIAN OMELETTE cheddar, bacon, spinach, sundried tomatoes, ciabatta toast	98
OPEN CHEESE OMELETTE grana padano cheese, cherry tomato, basil, ciabatta toast	88
CREAMY BASIL MUSHROOMS <i>on ciabatta toast</i> <i>add a free-range poached egg +10</i>	92
SALVATION BREAKFAST <i>bacon / beef sausages</i> two eggs your way, grilled tomato, creamy mushrooms, ciabatta toast	105

## SIGNATURES

SALVATION DUO <i>salvation benedict with Caribbean flapjacks</i>	125
ROYAL DUO <i>royal benedict with Caribbean flapjacks</i>	135
<b>vegan</b> VEGAN SHAKSHUKA shakshuka sauce, dukka, avo, chickpeas, coriander, ciabatta toast	95
EGGS SHAKSHUKA free-range eggs, shakshuka sauce, feta, dukka, coriander, ciabatta toast	105
BREAKFAST BURRITO WRAP <i>haloumi / beef sausages</i> scrambled eggs, spring onion, jalapeno, sour cream, cheddar, tomato salsa, guacamole, coriander in a flour tortilla wrap - <i>gluten free wrap option +10</i>	125
BREAKFAST BURRITO BOWL <i>haloumi/beef sausages</i> scrambled eggs, spring onion, jalapeno, sour cream, cheddar, tomato salsa, guacamole, coriander	105
<b>GF</b> BREAKFAST NACHOS <i>gluten free</i> scrambled eggs, pickled red onion, salsa, guacamole, sour cream, cheddar, red beans, black corn nachos	98

WE ONLY USE FREE-RANGE CHICKEN & EGGS

# LUNCH

SERVED FROM  
12:00 - 3:30PM

## SOUP & SALADS

<b>vegan</b> SOUP BOWL roasted cherry tomato & red pepper soup, hazelnut dukka, ciabatta toast <i>add grilled haloumi +18 (non vegan)</i>	80
SOUP DUO roasted cherry tomato & red pepper soup & a toasted caprese sandwich	115
CAESAR SALAD <i>classic / free-range chicken</i> cos lettuce, bacon, Grana Padano, boiled egg, garlic crouton, anchovy dressing	89/128
SESAME CHICKEN SALAD rice noodles, red cabbage, peanuts, fresh herbs, Asian dressing	126
<b>vegan</b> BUDDHA FALAFEL BOWL carrot cashew mushroom falafel, hummus, grilled aubergine, salsa, red cabbage slaw, lettuce, cucumber, avo, vegan tahini dressing	116
CITRUS CHICKEN & ALMOND SALAD free-range chicken, orange, almonds, fresh beans, cherry tomato, cucumber, avo, red pepper, spring onion, herbs, Moroccan dressing	130

## GOURMET BURGERS WITH HOME-BAKED BUNS

BRUNCH BURGER beef burger, fried egg, bacon, cheddar, mayo, fries or salad	130
SALVATION GOURMET BURGER beef burger, bacon, caramelized onion, guacamole, cheddar, fries or salad	140
GORGONZOLA BURGER beef burger, creamy gorgonzola sauce, onion rings, fries or salad	135
AMERICAN CHEESE BURGER beef burger, Emmental cheese, homemade pickles, fries or salad	128
EGYPTIAN VEGGIE BURGER <i>bunless</i> spiced butternut & chickpea burger, grilled haloumi, avo, tzatziki tomato salsa & a light garden salad	118

## LOCAL'S FAVOURITES

CALAMARI BOWL panco deep fried Falkand calamari, secret dipping sauce	137
5 SPICE CALAMARI panco deep fried Falkland calamari, Asian greens, secret dipping sauce	180
THAI FISH CAKES homemade fish cakes, Asian green salad, sweet chilli sauce	116
MIDDLE EASTERN MEZZE PLATTER carrot cashew falafel, hummus, sundried tomato pesto, grilled haloumi, salsa, homemade pita bread	125
BBQ PORK BELLY ROLL roast pork belly, bbq sauce, roast apple, Asian slaw, fries	130
BRANDY PEPPER STEAK 200g beef fillet, creamy brandy pepper sauce, fries	225
<b>vegan</b> MEXICAN CHILLI BEANS Mexican style chilli beans, fresh tomato salsa, guacamole, pickled red onion, black corn nachos (gluten free)	126
GINGER & SESAME CHICKEN NOODLES Asian broth, egg noodles, free-range chicken, peanuts, ginger soy dressing	129
VIETNAMESE SPRING ROLLS <i>fresh rice paper springrolls</i> free-range chicken, mushrooms, carrot, lettuce, Asian peanut dipping sauce	116
TERIYAKI SALMON <i>limited portions</i> fresh salmon, julienned carrot, cucumber, radish avo salad	SQ
<b>vegan</b> VEGAN SHAKSHUKA <i>limited portions</i> shakshuka sauce, dukka, avo, chickpeas, coriander, ciabatta toast	95

ASK ABOUT TODAY'S SPECIALS

# LIGHTER FAIR

SERVED FROM  
12:00 - 3:30PM

## SANDWICHES & WRAPS

CAPRESE TOASTIE <i>dbl toastie</i> ciabatta, cheddar, garlic marinated tomato, basil & a sweet chilli dipping sauce	84
<b>vegan</b> AVO & HUMMUS TOASTIE <i>dbl open toastie</i> avo, hazelnut dukka, tomato salsa, ciabatta	74
CONTINENTAL TOASTIE <i>dbl toastie</i> ciabatta, gypsey ham, Emmental, mayo, mustard, homemade pickles	89
STOCKHOLM BAGEL smoked trout, cream cheese, pickled red onion, capers, micro herbs	125
CROQUE MADAME TOASTIE <i>dbl toastie</i> ciabatta, gypsey ham, Emmental, mayo, mustard, homemade pickles, fried egg on top	98
GARDEN WRAP <i>gluten free wrap option +10</i> grilled haloumi, sundried tomato pesto, carrot, cucumber, fresh beans, salsa, olives, avo & lettuce	112
CHICKEN CAESAR WRAP <i>gluten free wrap option +10</i> grilled free-range chicken, cos lettuce, cucumber, tomato salsa, Grana Padano	105

## SOMETHING SWEET

NEW YORK CHEESECAKE <i>with a berry coulis</i>	84
CARROT CAKE <i>with cream cheese frosting</i>	60
BELGIAN HAZELNUT BROWNIE <i>add (ice) cream +12</i>	58
<b>GF</b> GLUTEN FREE CHOCOLATE CAKE <i>add a scoop of coffee gelato +25</i>	72
<b>vegan</b> STRAWBERRY SORBET	59
GELATO DELICIOSO <i>vanilla / chocolate / coffee</i>	60
PECAN TARTLET <i>grandma's recipe</i> <i>add a scoop of vanilla ice cream +25</i>	60
DESSERT FLAPJACKS mini pancake stack, vanilla ice-cream, nut sprinkle, syrup	85
ITALIAN AFFOGATO kahlua, vanilla ice-cream, nut sprinkle, chocolate, espresso	60

COME AND SEE OUR DAILY CAKES

## FROM THE BAKERY

All our cakes are baked in house.  
Whole cakes can be ordered 2 days in advance:

NY CHEESECAKE 26cm with berry coulis	660
NY CHEESECAKE 20cm with berry coulis	490
CARROT PINEAPPLE CAKE 28cm	505

## BOOKINGS

MONDAY TO FRIDAY • BREAKFAST & LUNCH  
WEEKENDS • LUNCH ONLY FROM 12.30PM  
CALL 011 482 7795 TO RESERVE YOUR TABLE

## LOOKING FOR A GIFT OR A TREAT?

SEE OUR RETAIL SELECTION OF COFFEE, CORDIALS,  
COOKIES, FUDGE, GRANOLA, GIFT BOXES AND MORE...



# BEVERAGES

## COFFEE & TEA

AMERICANO <i>short/tall</i>	27/32
CAPPUCCINO <i>short/tall</i>	31/36
CORTADO	28
ESPRESSO <i>single/double</i>	23/25
MACCHIATO	26
CAFFE LATTE	37
MOCHA espresso, belgian hot chocolate & milk	49
CHAI LATTE	39
RED CAPPUCCINO	36
RED LATTE	40
LOCAL TEA five roses, rooibos	27
TWININGS TEA camomile, earl grey, green	29
GINGER & MINT TEA fresh ginger & mint leaves	42
<i>Almond / Oat / Soy Milk +10</i>	

## HOT CHOCOLATE

HOT CHOCOLATE	49
made with callebaut belgian chocolate & topped with fresh cream	

## COOL DRINKS

O'HALO KOMBUCHA sour cherry, lemongrass ginger	54
APPLETISER / GRAPETISER	42
BOS ICE TEA berry, lemon, peach	36
SOFT DRINKS coke, coke light, coke zero, creme soda, fanta orange, sprite, sprite zero	29
MIXERS bitter lemon, ginger ale, soda, lemonade, tonic (indian, pink, sugar free)	25
TOMATO COCKTAIL	42
ROCKSHANDY lemonade, soda, bitters, maraschino cherry	50
RED BULL gives you wings	45
CORDIALS kola, lime, passion	13

## SIGNATURES

SALVATION CORDIAL homemade lemon cordial & soda	39
FROZEN MINTED LEMONADE	40
PINEAPPLE GINGER ICED TEA made with rooibos & fresh lemon	38
AMERICAN ICED COFFEE dbl espresso on ice with milk & cream	40
FREEZOCCINO <i>frozen coffee</i> coffee powder blended with milk & ice	58

## MINERAL WATER

VALPRE MINERAL WATER	28/49
still or sparkling 350/750ml	

## JUICES

PURE ORANGE <i>seasonal price</i>	SQ
MAKE YOUR OWN FRESHLY SQUEEZED apple, carrot, cucumber, pear, pineapple, spinach, ginger	50

IMMUNE BOOSTER <i>freshly squeezed</i> apple, pineapple, pear, ginger	50
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MORNING SUN <i>freshly squeezed</i> apple, orange, carrot, ginger	50
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GREEN JUICE <i>freshly squeezed</i> apple, spinach, mint	50
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ZESTY PEAR JUICE <i>freshly squeezed</i> pear, ginger, lemon	50
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SIR JUICE 350ml orange/mango	30/35
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SIR JUICE CARAFFES 250ml sir juice orange	25
500ml sir juice orange	45
1 litre sir juice orange	85

*\*add some bubbly to make your own Mimosa's*

## SMOO'S & SHAKES

SALVATION SMOOTHIE banana, pawpaw, berry coulis, yoghurt	50
PROTEIN SMOOTHIE <i>vegan</i> almond nut butter, date, banana, cacao, almond milk (dairy free)	60
MILKSHAKES vanilla, chocolate, berry, coffee	49

# WINE/BEER/BUBBLES ETC.

## BEERS & CIDERS

JACK BLACK LAGER on Tap 350ml / 500ml	44/59
WINDHOEK DRAUGHT 440ml	48
CORONA	50
HEINEKEN	39
STELLA ARTOIS	45
CASTLE LITE	38
BLACK LABEL	38
SAVANNA DRY	45

## WHITE & ROSÉ GLASS / BOTTLE

VILLIERA <i>down to earth</i> sauvignon blanc semillon blend	48/189
THELEMA sauvignon blanc	62/248
DE WETSHOF <i>limestone hill</i> chardonnay	62/248
KLEINE ZALSE chenin blanc	51/199
HAUTE CABRIERE chardonnay pinot noir	65/258
MULDERBOSCH cabernet sauvignon rosé	62/248
DE KRANS <i>moscato rosé</i> natural sweet & lightly sparkling	195

## REDS & BLENDS GLASS / BOTTLE

VONDELING <i>petit rouge</i> merlot	55/218
THELEMA <i>mountain red</i> aromas of dark fruits & warm spices	54/210
VAN LOVEREN <i>african java</i> pinotage	215
BABYLONSTOREN <i>babel</i> dry, full-bodied red wine blend	370

## BUBBLIES

MAN <i>brut</i> chenin blanc sparkling wine	49/245
MISS MOLLY <i>brut mcc</i>	59/295
KRONE NIGHT NECTAR <i>rosé</i> demi-sec mcc	425
VALDO PARADISE <i>rosé brut</i> prosecco	549
MOËT & CHANDON <i>brut</i> champagne	1549

WE ARE FULLY LICENSED. OTHER LIQUEURS & SPIRITS AVAILABLE, PLEASE ASK!

## BRUNCH COCKTAILS

CLASSIC MIMOSA bubbly, orange juice	47
PEACH BELLINI bubbly, peach syrup, rosemary	60
TASHARITA <i>tropical fruit cocktail</i> rum, triple sec, lemonade, fruits, mint	82
VIRGIN TASHARITA <i>alcohol-free</i> sweet & sour, lemonade, fruits, mint	68
BLOODY MARY <i>single / double</i> tomato cocktail, vodka, celery stick	65/85
VIRGIN MARY <i>alcohol-free</i>	50
PIMMS NO.1 COCKTAIL dbl pimms, lemonade, fruit	77
CLASSIC MOJITO dbl rum, mint syrup, soda, mint & lime	79
VIRGIN MOJITO <i>alcohol-free</i> mint syrup, soda, mint & lime	58
DON PEDRO blended ice-cream with a single tot of: Amarula / Jameson / Kahlua	59

## GIN & TONIC

SALVATION G&T <i>dbl gin</i> homemade zesty lemon cordial, tanqueray gin, tonic	85
BERRY G&T <i>dbl gin</i> berry syrup, tanqueray gin, tonic	85
PASSION G&T <i>dbl gin</i> passion syrup, tanqueray gin, tonic	85

## MAKE YOUR OWN G&T

TANQUERAY G&T <i>single</i>	27
INVERROCHE AMBER G&T <i>single</i>	39
MUSGRAVE PINK G&T <i>single</i>	39
Choose your tonic: indian, pink, sugar-free +24	

## WHISKEY

BELLS	28
JAMESON	39
JOHNNY WALKER black	44
GLENFIDDICH 12-year-old	49



# SALVATION CAFE



“WE LOST OUR HEARTS TO THE OCEAN  
THE STARS GUIDED US HOME  
IN FOOD WE FOUND SALVATION”